



Edgewood Primary School

Building skills and values for life

Headteacher: Mr Ed Seeley (0115) 956 1337 <mailto:head@edgewood.notts.sch.uk>
www.edgewoodprimaryschool.co.uk office@edgewood.notts.sch.uk

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Dear Parents/Carers,

Below is all the information you need about the PSHRE topic in LKS2 (years 3/4) this coming half term.

PSHRE stands for Personal, Social, Health and Relationships Education. It is an important part of the school curriculum that aims to teach children the knowledge and skills they need to stay safe, happy and healthy, while preparing them for their life ahead. We understand that some parts of the PSHE and Citizenship curriculum involve exploring sensitive or controversial issues. That's why all adults involved in delivering your child's PSHRE and Citizenship education will make every effort to establish a supportive and positive environment for learning. Children will be given opportunities to ask any questions they may have and adults in the class will set aside time to explore any questions or issues that are raised in the course of the lesson.

This half term, your child's PSHRE and Citizenship topic is 'Growing Up'. This topic builds on children's knowledge of the human body; how we grow and change, both physically and emotionally. Children will learn about their own and others' bodies and how both a male and female are needed for human reproduction (i.e. an egg is fertilized by the sperm). They will also learn about different relationships and family structures.

This half term we will be exploring these questions:

Lesson 1: What are loving relationships like? What kinds of family are there? How can this impact our friendships?

Lesson 2: What are the differences between a male body and a female body? What are the male and female parts of the body for?

Lesson 3: What changes happen to boys' bodies as they grow up? Why do these changes happen?

Lesson 4: What changes happen to girls' bodies as they grow up? Why do these changes happen?



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Christchurch Road, Hucknall, Nottinghamshire, NG15 6HX

Obviously, these conversations will bring with them some new and at times embarrassing vocabulary. Below is a (non-exhaustive) list of vocabulary we will be using in lessons and will encourage the children to do the same:

reproduction, ovary, egg, sperm, womb, vagina, vulva, penis, breasts, testicles/testes, gay, straight, lesbian, heterosexual, homosexual, same-sex relationships, puberty, hormones, birth.

We hope that you will also continue these conversations with your child at home and they will be bringing back their worksheets to show and discuss with you.

If you have any questions or concerns regarding your child's PSHRE and Citizenship lessons, or anything else, please don't hesitate to get in touch.

Yours Sincerely

Miss Cross, Mr Edwards and Mrs Miles