



Edgewood Primary School

Building skills and values for life

Headteacher: Mr Ed Seeley (0115) 956 1337 <mailto:head@edgewood.notts.sch.uk>
www.edgewoodprimaryschool.co.uk office@edgewood.notts.sch.uk

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Dear Parents/Carers,

Below is all the information you need about the PSHRE topic in Upper Key Stage 2 (Year 6) that will be being taught in the next few weeks.

PSHRE stands for Personal, Social, Health and Relationships Education and SRE stands for Sex and Relationships education – in the summer term these are often used interchangeably. It is an important part of the school curriculum that aims to teach children the knowledge and skills they need to stay safe, happy and healthy, while preparing them for their life ahead. We understand that some parts of the PSHRE and SRE curriculum involve exploring sensitive or controversial issues. That's why all adults involved in delivering your child's PSHRE education will make every effort to establish a supportive and positive environment for learning.

This half term, your child's PSHRE and SRE topic is 'Changing and growing Up'. This topic builds on children's knowledge of the human body; how we grow and change through puberty into adulthood, both physically and emotionally. How to become more independent and ready for the change of secondary school. What positive relationships look like and why this is important and how a baby is made.

In Upper Key Stage 2 the teachers will be following a scheme created by the PSHE Association specifically for the delivery of SRE.

This half term we will building on previous years' teaching and then exploring these questions:

Lesson 1: Reminding us what happens to the body during puberty – what happens, when and why?

Lesson 2: How to manage change and becoming more independent so I am ready for secondary school.

Lesson 3: How to recognise and be part of positive, healthy relationships and how to deal with these changing.

Lesson 4: How a baby is made as part of a loving relationship. Why consent is essential.



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Christchurch Road, Hucknall, Nottinghamshire, NG15 6HX

Obviously, these conversations will bring with them some new and at times embarrassing vocabulary. Below is a (non-exhaustive) list of vocabulary we will be using in lessons and will encourage the children to do the same:

Puberty, physical changes, emotional changes, periods, wet dreams, emotions, love, permission, respect, boundaries, consent, sex, sexual intercourse, fertilisation, sperm ovum, vulva, vagina, pregnancy, foetus, uterus, womb, conception, contraception

We hope that you will also continue these conversations with your child at home and they will be encouraged to do the same should there be anything that is not discussed here.

It is important to note that the children will have the opportunity to ask open questions within the classroom but also have use of an anonymous question box should they feel their question is more sensitive or personal. Adults in the class will set aside time to explore any questions or issues that are raised in the course of the lesson. However, anything too personal, specific or identifiable will not be discussed openly.

If you have any questions or concerns regarding your child's PSHRE or SRE lessons, would like to view the teaching materials, or anything else, please don't hesitate to get in touch.

Yours Sincerely

The Year 5/6 Team