

PE – Cricket – Year 5/6

Key Learning

1. To bowl accurately using a straight arm with an overarm technique.
2. To catch effectively using a 'cup' technique.
3. To use both the long and short barrier when fielding.
4. To demonstrate a variety of batting techniques both on the front and back foot.
5. To begin to use different field positions to organise within a game.
6. To know how to score effectively and implement the rules.

Vocabulary

Wicket	When a bowler gets a batter out by either hitting the wicket when they bowl or catching the batters shot.
Run	The main way of scoring in cricket by running between the wickets or hitting boundaries.
Bowler	The player who delivers the ball towards the batter.
Batter	The player trying to score runs while defending the wicket.
Stumps	The three vertical posts that form the base of the wicket.
Fielder	A player who catches, stops, or throws the ball to limit runs or get batters out.
Over/Set	A group of 6 balls (over) or 5 balls (set) that the same bowler must bowl one after the other.
Boundary	A scoring shot where the ball reaches the edge of the field: 4 runs if it bounces, 6 runs if it doesn't.
LBW	When the ball hits the batter's leg (instead of the bat) and would have hit the stumps; can result in the batter being out.
Offside	The side of the field opposite the batter's legs; usually has more fielders.
Legside	The side of the field behind the batter's legs; also called the "on side."

Key Athletes



Joe Root

Joe Root is an English cricketer, former Test captain, known for his elegant batting, leadership, and consistency. He's among England's greatest-ever Test run-scorers.

Charlotte Edwards

Charlotte Edwards is a legendary English cricketer, former captain, known for her prolific batting, leadership, and impact on women's cricket globally.

