PE – Tennis – Year 3/4

Key Learning

1. To know how to link racket skills with movement to suit the activity.
2. To know how to take part in competitive games of tennis with a strong understanding of the rules.
3. To know how to work as part of a group to develop skills and understanding.
4. To know how to cause challenges for the opposition based on my skills.
5. To know how to differentiate games using different resources.

Vocabulary

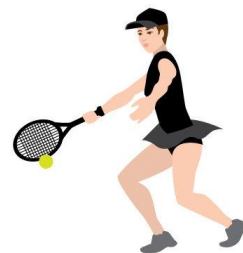|	
Racket	The special tool you use to hit the ball. It has strings and a handle, and you hold it with one or both hands.
Ball	The fuzzy, yellow ball that bounces. It's soft and light so easy to hit with the strings on the racquet.
Net	The net is like a small wall in the middle of the court. You try to hit the ball over it and into your opponent's side.
Serve	This is how you start a point. You toss the ball in the air and hit it into a special box on the other side.
Forehand	A shot made with your palm facing forward. It's usually your strongest and most comfortable shot!
Backhand	A shot made with the back of your hand facing the ball. You can use one hand or two.
Volley	A shot you hit before the ball bounces. You usually do this when you're close to the net.
Bounce	When the ball hits the ground. In tennis, the ball is only allowed to bounce **once** before you hit it.
Point	You win a point when the other player misses the ball, hits it out, or lets it bounce more than once.
Game	A group of points. Win four points (with at least a two-point lead), and you win a **game**!
Match	A full competition. Matches are made up of **games** and **sets**, and the player who wins the most sets wins the match!

Key Athletes

Sir Andy Murray
Sir Andy Murray is a retired British tennis champion, three-time Grand Slam winner, and Olympic gold medallist.

Emma Raducanu
British tennis player who won became US Open Champion at the age of 18. She was the first qualifier in history to win it.

Backhand

Forehand