

Edgewood Primary School

Building skills and values for life

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Friday, 20 January 2023

Young Carers

Dear parents/carers,

As part of this term's census, we are being asked to say how many children at our school are young carers.

Who are young carers?

A young carer is a child or young person who looks after a family member who may have a physical disability, a long-term illness, a mental health problem or drug / alcohol dependencies. This can be any family member, but is often a parent.

Some of the tasks young carers might take on include:

- tidying the house
- shopping
- helping wash and dress the person they're caring for
- administering medicines
- providing emotional support
- looking after a younger brother or sister
- cooking meals
- washing the dishes
- helping with bills and money / collecting benefits

Please note this is more than the usual helping with chores in the house, it is completing tasks that a parent or carer is unable to do at that time.

If you think your child qualifies as a young carer please email in total confidence to <u>secure@edgewood.notts.sch.uk</u> so we can correctly record them on the census. Please email us by Wednesday, 25th January 2023.

If your child is a young carer and you think they would benefit from some support in school please mention this on the email and we will pass your request on to the pastoral team.

Yours faithfully,

Ed Seeley Head teacher



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