

PSHE Pathway EYFS to Year 6

Respectful
Ambitious
Proud
Safe
Healthy
SRE

EYFS

Changing me Relationships Healthy ME Dreams and goals Celebrating difference Being Me

Year 1/2

We are Ambitious
Aiming high, jobs and goal setting

We are respectful
Family and Friends
Diverse Britain

We are Proud
Marvellous Me and my Feelings



Anti-Bullying Day
Autumn 2

SRE
Growing up, changes in emotions, stereotypes

We are healthy
Good sleep, food and mental health

We are safe
Safe at home and outside

Year 3/4

We are Ambitious
Rules, expectations and goals

We are respectful
Tolerance and respect,
Protected Characteristics

We are Proud
Showing our feelings and expressing ourselves



Spring 1

SRE
Puberty, reproduction and changes in me

We are healthy
Peer pressure, smoking, drugs and alcohol

We are safe
Risks, hazards and dangers, e-safety and peer pressure



Spring 2

Year 5/6

We are Ambitious
Setting goals, rights of children

We are respectful
Communities, British laws, government

We are Proud
Confidence, difficult feelings, LGBTQ+



Summer 1

SRE
Changing bodies, Sex education

We are healthy
Drugs, alcohol, body image and mental health

We are safe
First aid, self-regulation and safety at home



Summer 2

Looking ahead
Preparing for secondary

