

Edgewood Primary School

Building skills and values for life

Friday, 10 October 2025

Newsletter

We have had an amazing time on our York residential trip. The children have been impeccably behaved and have done our school proud. I'm sure there will be plenty of very tired Year 5 & 6 children this weekend! I will share some photos with you all next week, but there are plenty on Facebook already. Next week is the last week before we break for the October half term. I am sure we are all ready for the break!

Ed Seeley Headteacher

Attendance

Congratulations to Rojo class for a weekly attendance of 99.33%



Please remember to report absences for children daily – even if we have sent them home the day before. Thank you.

Diary dates for this term

October

Monday 13th October – B U Hubs Anxiety & Regulating emotions year 6 workshop

Monday 13th October – Pre-loved Halloween costume swap

Tuesday 14th October – B U Hubs Anxiety & Regulating emotions year 6 workshop

Friday 17th October – Last day of half-term

Friday 31st October – Deadline for applications to secondary schools for 2026

November

Monday 3rd November – School re-opens to all pupils

Wednesday 5th November – 3.45pm – 4.30pm Parents can look at children's work in school

Tuesday 11th November – 13th November - Parents evening

Friday 14th November- Y3/4 Trip to Creswell Crags

Monday 17th November – Flu vaccination team in school

Tuesday 18th November – New parents' open evening

Class Achievers

On Monday 13th October, we will celebrate the achievements of the following children for being our weekly achievers. The Rainbow class achiever will be celebrated in their classroom.

Nursery & Reception		Years 1 & 2		Years 3 & 4		Years 5 & 6	
Rainbow	Melicent	<u>Blue</u>	Isabella	Amarillo	Рорру	<u>Azul</u>	Lilley, Chloe, Angharad & John
<u>Green</u>	Finn	<u>Orange</u>	Abraham	Rosa	Archie	<u>Morado</u>	Sophie & Harrison
<u>Red</u>	Dylon	<u>Yellow</u>	Zuzanna	<u>Verde</u>	Kason	<u>Rojo</u>	Brayden











Flu Vaccinations

If you would like your child to receive the flu vaccine in school this year, please follow this link to complete the online consent form. If you wish to decline, please use the same link to complete the 'No Consent' form.

https://nhslmms.azurewebsites.net/session/ff2b6224

The vaccinations will take place at school on 17th November. The link will close on 3rd November. If your child has already had the flu vaccine elsewhere since Sept 2025, please disregard this message. If you have any problems accessing the link, please telephone 0333 3583 397 choosing option 4 then option 2.

Year 5/6 in school

Year 5/6 children, who have not been on residential have been an absolute delight this week. They have worked incredibly hard in their teams to produce some very creative and fun board games! They have had to use creative, reflective, artistic, team working and computer skills to create their own board game- we are even hoping to use them within school in different classrooms!



School Photographs

We are excited to share that the photographs are ready and they look amazing! If you pre-registered, please check your inbox for your unique access link.

If not, please register with the following link www.carmeljane.co.uk/pre-registration-support and quote your unique code: JR6KM3GB68

There are limited time discounts available, so act fast! All photographs will be sent straight to your home address.

Spooky Tombola

Don't forget to join us on Monday the 13th for our Spooky Tombola and Halloween costume swap shop straight after school, in the hall! We hope to see lots of you there!

Bonfire Night Firework Display

On Wednesday 5th November we will be hosting our annual fireworks display!

Gates will open at 5.30pm and fireworks will start at 7pm. Food & drinks will be available to purchase on site and further details regarding pricing etc will be available on our Facebook page in the coming weeks. This was a hugely successful event last year and tickets went fast!

Tickets are on sale at

https://edgewoodpta.sumupstore.com - tickets will not be available at reception or on the gate at the event.

Please retain your email receipt upon purchase as this is your ticket for the event and will be required to be shown on the gate.

This event is open to everyone so please invite along friends, family and neighbours!



Wreath Making Workshop



Kick off the festive season with our wreath making workshop on the 25th of November starting at 6pm. Tickets are priced at £30 per person - this includes festive treats, refreshments and materials. All you need to bring is your secateurs! Spaces are limited to 30 so please get in touch to secure your spot! This is an adult-only event.

Christmas Family Crafts

Come and enjoy an evening of crafts with your child and leave us to clear up the mess on 15th December 5- 6.30pm!

Tickets are priced at £2 each and include a hot or cold drink and sweet treat. Then simply choose your items from the online shop for you and your child to enjoy together.

This event is open to Year 1 and above and tickets are strictly limited to 60 on a first come, first served basis.

Unfortunately, on this occasion we cannot allow younger siblings to attend.



Wake Up Wednesday - advice leaflet

When young people go through something traumatic – such as bereavement, bullying or a family crisis – it can take time to make sense of what they're feeling. That's where adult guidance can make all the difference.

There is a helpful guide below that offers useful tips for parents and educators supporting children and young people through difficult experiences.

From fostering a sense of safety to recognising when specialist help might be needed, the guide is full of practical ideas for creating a compassionate, stable environment that supports recovery. It's a reassuring read for anyone who wants to be there for a young person going through tough times.

Please do get in touch with school if you have any concerns.

Parents Evening

Parents are invited to come into school on Wednesday 5th November between 3.45pm and 4.30pm to have a look through their child's books. Parents evening meetings with teachers will be held the following week between Tuesday 11th and Thursday 13th November. As in previous years, these meetings will be held online.

Thank you for your continued support.

10 Top Tips for Parents and Educators

Children and young people may face a wide range of traumatic or challenging events – from bereavement and illness to bullying, family breakdowns, or witnessing violence. These experiences can affect their mental health, behaviour, relationships, and academic progress. With the right support from trusted adults, children can begin to feel safe, rebuild resilience, and develop healthy coping strategies. This guide offers practical and empathetic ways to provide support and promote positive outcomes.

A PREDICTABLE **ENVIRONMENT**

Children who have experienced trauma often feel unsafe or uncertain. Creating routines, setting clear expectations, and maintaining consistency can help restore a sense of security. This structure offers reassurance and helps children feel more in control of their surroundings.

USE LANGUAGE THAT MATCHES THEIR AGE

Speak clearly and sensitively, choosing words that are appropriate for the child's age. Avoid overwhelming them with too much information at once. Offer gentle, honest explanations and focus on reassu especially when talking about difficult or sensitive subjects.

TRAUMA AND THE BODY

Mention briefly that trauma can show up in physical ways, such as changes in sleep, appetite, concentration, or as physical aches and pains. Consider this before labelling behaviour as 'difficult' or 'lazy'. Some children may become withdrawn, while others may be more outwardly challenging. Highlight that there's no 'one way' children respond.

AVOID RETELLING OR RELIVING TRAUMA

Children sometimes get asked to explain or repeat their experience multiple times. Striking a balance of when to listen and when to gently redirect can help to avoid unnecessary re-traumatisation. Acknowledge, but don't probe for detail unless safeguarding procedures require it.

AVOID DISMISSING OR MINIMISING FEELINGS

Seemingly well-meaning comments like
"It's not that bad" or "You're okay" may shut
down children's emotional expression and are
often not helpful. Instead, acknowledge what
they're feeling, even if it seems small. Validating
a child's emotions helps them feel seen and
encourages open communication in future.

UNDERSTAND HOW THEY'RE FEELING

Many children don't have the words to express their emotions, especially during distress. Supporting them to name what they're feeling – such as angry, scared or sad – builds emotional literacy. Tools like emotion charts, drawing, or storytelling can help externalise feelings in a safe, manageable way.

BE AWARE OF YOUR **OWN RESPONSES**

Children pick up on adult emotions and reactions, often mirroring them. Staying calm, even in challenging situations, helps children feel more secure. Practising your own self-regulation is an important way to model healthy stress management and encourages children to do the same.

SEEK PROFESSIONAL SUPPORT

While many children benefit from While many children benefit from everyday emotional support, some will need more specialised help. If symptoms persist, worsen, or disrupt their daily life, consult with school safeguarding leads, a GP, or a mental health professional. Early intervention can prevent long-term difficulties and support healthy recovery.

MAINTAIN CONNECTION

Isolation can worsen the impact of trauma.
Encourage involvement in group activities,
praise their efforts, and ensure they feel like a
valued part of the school or family community.
Meaningful connection with trusted adults and
peers builds resilience and a sense of belonging.

BE PATIENT - HEALING TAKES TIME

There's no quick fix for emotional recovery. Children may have good days and setbacks, and progress may not always be visible or linear. Your ongoing support, patience, and presence can help them move forward at their own pace, knowing they are not alone.

Meet Our Expert

This guide has been written by Anna Bateman. Anna is passionate about placing prevention at the heart of every school by integrating mental wellbeing within the curriculum, school culture, and systems. She has been a member of the advisory group for the Department for Education, advising them on their mental health green paper.



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Parent and Carer Involvement Group

Do you want to make a difference to Children and Young People's Health Services?

Why not join our Parent and Carer Involvement Group?



Share your feedback and real life experience of services.



Our online meetings at 1pm - 2pm are:



- 1 July 2025
- 5 August 2025
- 2 September 2025
- 7 October 2025
- 4 November 2025
- 2 December 2025





For more information or to register, please scan the QR code or use the link below.
Under current opportunities, click 'Adult Involvement Opportunities (18+) to find the project details:

SCAN ME



https://involve.nottshc.nhs.uk/involvement-opportunities

EDGEWOOD PRIMARY NEW PARENTS OPEN EVENING



Do you have a child who will be turning 5 between 1st September 2026 and 31st August 2027? If so, why not visit Edgewood Primary School's Open Evening.

We are a successful and happy primary school, with an excellent Foundation Stage! To book your place at our Open Evening, please email your name and the number of attendees to: office@edgewood.notts.sch.uk



TUESDAY 18TH NOVEMBER @ 4PM

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